

NORH Plan for COVID 19 + Inpatient Admission and Plan of Care

Covid19+ patients are placed in *Droplet Condition Specific Isolation*.

See *North Oaks Guidance for Discontinuation of Isolation for COVID-19+ Inpatients* for further direction.

1. Patient with Positive COVID19 test:
 - a. *Symptomatic*:
 - i. Admit to CMR after at least 7 days have passed *since symptoms first appeared* **AND** at least 3 days (72 hours) have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications **and** improvement in respiratory symptoms (e.g., cough, shortness of breath).
 - b. *Asymptomatic*:
 - i. Each case is reviewed individually by ID Physician and CMR Intake team to determine appropriateness of admission and isolation needs.

If an asymptomatic patient starts with symptoms prior to their admission to CMR, consult Infectious Disease physician for case by case consideration.

2. Individualize each treatment plan to include a ramp up to 3 hours as necessary according to patient needs.
3. Treatment plans to include as much therapy in the room as possible.
4. Therapy sessions required to be performed outside of the room to be held in Covid designated gym.
5. COVID19+ patients should wear a four tie surgical mask when outside of their room.
6. Follow the Covid19+ PPE guidelines when working with patients at all times.
7. Covid19+ patients will dine in room. Non isolation patients are permitted to eat in dining area with proper social distancing.

8. Follow the Covid19+ policy when transporting specimens. All labs should be in zip bags, sealed and secured in fridge for transport to NOMC lab; linen use and garbage disposal will follow IP guidance.
9. Covid19+ patients should not be in NORH common areas.
10. Covid19+ patient requiring dialysis will receive treatment in the room when dialysis access is available. If unavailable, the patient will receive treatment in the designated dialysis area per the established dialysis isolation guidelines. Dialysis treatment room, when used for Covid+, will be one patient at a time.
11. Asymptomatic patients pending test results after admission will be kept in the room until tests are resulted. The doors of those patients will have a sign on it with a 'house' which designates to all staff that this patient is to stay home (in the room). Upon receipt of a negative test result the door signage will change to one that has a person working out on it designating that the patient is allowed to go to the gym. This is intended to keep staff aware of patient isolation status.
12. All visitors are screened at the door for temperature and are required to wear a mask at all times, both in the facility and in the room while visiting. They are not allowed to roam freely around the facility. Covid positive patients are not allowed to have visitors until they have been cleared to be treated in the gym area.