What You Should Know About Breast Density

DID YOU KNOW?
Louisiana requires breast imaging professionals to inform patients of their breast density as seen on their mammogram.

40% of women in the US have dense breast tissue.

DENSE BREAST TISSUE IS COMMON.

WHAT DOES IT MEAN?

DON’T BE SCARED IF YOU HAVE DENSE BREASTS.

HAVING DENSE BREASTS DOESN’T MEAN YOU HAVE CANCER.

Breasts are made up of a mixture of

FATTY TISSUE + FIBROUS AND GLANDULAR TISSUE.

DENSER BREASTS = LESS FATTY TISSUE

BREAST DENSITY IS NOT RELATED TO THE SIZE OR FIRMNESS OF YOUR BREASTS.

FLIP TO LEARN MORE.

40% of women in the US have dense breast tissue.

Breasts are made up of a mixture of fatty tissue and fibrous and glandular tissue.

Denser breasts have less fatty tissue.

Breast density is not related to the size or firmness of your breasts.

www.northoaks.org/3dmammo
What You Should Know About Breast Density

HOW DOES HAVING DENSE BREASTS AFFECT ME?

Detecting breast cancer in dense breasts is more difficult because both cancer and dense breast tissue appear BRIGHT on a mammogram.

DENSE BREASTS ARE GENETIC.

FAMILY HISTORY and GENETIC RISK FACTORS influence your risk of breast cancer far more than breast density, but dense tissue is considered a risk factor.

WHAT SHOULD I DO?

It is important that women are aware of dense breast tissue and other risk factors. Be sure to have these discussions with your health care provider in order to understand your risk profile and options for further imaging or testing that might benefit you.

FOR MORE INFORMATION ON BREAST DENSITY, SPEAK WITH YOUR HEALTH CARE PROVIDER.

Source: www.areyoudense.org