#### **Public Burden Statement**

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Medical Programs Division, Federal Motor Carrier Safety Administration, 1200 New Jersey Avenue, SE, Washington, D.C. 20590.

U.S. Department of Transportation Federal Motor Carrier Safety Administration

**PERSONAL INFORMATION** 

# **Medical Examination Report Form**

(for Commercial Driver Medical Certification)

MEDICAL RECORD #	
(or sticker)	

**SECTION 1. Driver Information** (to be filled out by the driver)

Last Name:	First Name:	Middle Initial:	Date of Birth:			Age:
Street Address:	City:	S1	tate/Province:	Zip	Code:	
Driver's License Number:	Issuing State	e/Province:		Phor	ne:	
E-Mail (optional):		CLP/CDL Applicant/H	older*: Yes	No		
		Driver ID Verified By**	*•			
Has your USDOT/FMCSA medical certifica	ate ever been denied or issued for less t	han 2 years? Yes	No Not S	ure		
*CLP/CDL Applicant/Holder: See instructions for definitions.	**Drive	er ID Verified By: Record what type of ph	oto ID was used to verify the id	entity of the driver	, e.g., CDL, driv	ver's license, passport.
DRIVER HEALTH HISTORY						
Have you ever had surgery? If "yes," please	e list and explain below.			Yes	No	Not Sure
Are you currently taking medications (pre	oscription over the counter harbal remadia	s diat supplements ?		Yes	No	Not Sure
If "yes," please describe below.	scription, over-the-counter, heroul remedie.	s, alet supplements):		163	NO	NOT Sure

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<sup>\*\*</sup>This document contains sensitive information and is for official use only. Improper handling of this information could negatively affect individuals. Handle and secure this information appropriately to prevent inadvertent disclosure by keeping the documents under the control of authorized persons. Properly dispose of this document when no longer required to be maintained by regulatory requirements.\*\*

Form MCSA-5875 OMB No.: 2126-0006 Expiration Date: 03/31/2028 DOB: First Name: Last Name: Exam Date: **DRIVER HEALTH HISTORY** (continued) Not Not Do you have or have you ever had: Yes No Sure Yes No Sure 16. Dizziness, headaches, numbness, tingling, or memory 1. Head/brain injuries or illnesses (e.g., concussion) 2. Seizures/epilepsy 17. Unexplained weight loss 3. Eye problems (except glasses or contacts) 18. Stroke, mini-stroke (TIA), paralysis, or weakness Ear and/or hearing problems 19. Missing or limited use of arm, hand, finger, leg, foot, toe 5. Heart disease, heart attack, bypass, or other heart problems 20. Neck or back problems 6. Pacemaker, stents, implantable devices, or other heart 21. Bone, muscle, joint, or nerve problems procedures 22. Blood clots or bleeding problems 7. High blood pressure 23. Cancer 8. High cholesterol 24. Chronic (long-term) infection or other chronic diseases 9. Chronic (long-term) cough, shortness of breath, or 25. Sleep disorders, pauses in breathing while asleep, other breathing problems daytime sleepiness, loud snoring 10. Lung disease (e.g., asthma) 26. Have you ever had a sleep test (e.g., sleep apnea)? 11. Kidney problems, kidney stones, or pain/problems 27. Have you ever spent a night in the hospital? with urination 28. Have you ever had a broken bone? 12. Stomach, liver, or digestive problems 29. Have you ever used or do you now use tobacco? 13. Diabetes or blood sugar problems 30. Do you currently drink alcohol? Insulin used 31. Have you used an illegal substance within the past 14. Anxiety, depression, nervousness, other mental health two years? problems 32. Have you ever failed a drug test or been dependent 15. Fainting or passing out on an illegal substance? Other health condition(s) not described above: Yes No **Not Sure** Did you answer "yes" to any of questions 1-32? If so, please comment further on those health conditions below: Yes Nο **Not Sure CMV DRIVER'S SIGNATURE** I certify that the above information is accurate and complete. I understand that inaccurate, false or missing information may invalidate the examination and my Medical Examiner's Certificate, that submission of fraudulent or intentionally false information is a violation of 49 CFR 390.35, and that submission of fraudulent or intentionally false information may subject me to civil or criminal penalties under 49 CFR 390.37 and 49 CFR 386 Appendices A and B. Driver's Signature: **SECTION 2. Examination Report** (to be filled out by the medical examiner) **DRIVER HEALTH HISTORY REVIEW** Review and discuss pertinent driver answers and any available medical records. Comment on the driver's responses to the "health history" questions that may affect the driver's safe operation of a commercial motor vehicle (CMV).

Form MCSA-5875 OMB No.: 2126-0006 Expiration Date: 03/31/2028

Last Name:			First Name:		[	OOB:		Exam Date	2:	
TESTING										
Pulse Rate:	Pulse rhy	thm regular:	Yes No	ı	Height:	_ feetind	ches Weight:	pounds		
Blood Pressure	Sy	stolic	Diast	colic	Urinalysis	1	Sp. Gr.	Protein	Blood	Sugar
Second reading (optional)					Urinalysis i Numerical must be re					
Other testing if indic	ated		J.				n the urine may		on for further	testing to
Vision Standard is at least 20/ At least 70° field of visic corrective lenses should	on in horizontal	meridian measu	ıred in each eye.	. The use of	<b>Hearing</b> Standard: N	flust first perce	nedical problem eive whispered voor equal to 40 dB,	oice at not less t	han 5 feet <b>OR</b> vith or withou	average t hearing aid)
		Corrected			Check if he	earing aid us	sed for test:	Right Ear	Left Ear	Neither
Right Eye: 2	20/	20/	Right Eye:	degrees	-	est Results			_	ar Left Ear
	20/		Left Eye:				t) from driver a rst be heard	t which a forc	ed	
	20/	20/		Yes No	OR					
Applicant can recog				163 140	Right Ear:	ric Test Res		Left Ear:	1000    -	2000 11-
Monocular vision Referred to ophthalr	malagist or on	tomotrist?			500 Hz	1000 Hz	2000 Hz	500 Hz	1000 Hz	2000 Hz
Received document			or optometrist	t?	Average (r	ight):		Average (le	ft):	
The presence of a certain condition may not necessarily disqualify a driver, particularly if the condition is controlled adequately, is not likely to worsen, or is readily amenable to treatment. Even if a condition does not disqualify a driver, the Medical Examiner may consider deferring the driver temporarily. Also, the driver should be advised to take the necessary steps to correct the condition as soon as possible, particularly if neglecting the condition could result in a more serious illness that might affect driving.  Check the body systems for abnormalities.										
Body System	erris for abrior	manties.	Normal	Abnormal	Body Syst	em			Normal	Abnormal
<ol> <li>General</li> <li>Skin</li> <li>Eyes</li> <li>Ears</li> <li>Mouth/throat</li> <li>Cardiovascular</li> <li>Lungs/chest</li> </ol>	Language in data	ail in the chase h			8. Abdom 9. Genito 10. Back/s <sub>1</sub> 11. Extrem 12. Neurol 13. Gait 14. Vascula	nen -urinary syst oine ities/joints ogical systen ar system	em including l	flexes		
Discuss any abnormal Enter applicable item r			eiow ana maici	ale whether it (	would allect t	ne anvers ao	mity to operate c	T CIVIV.		

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Last Name: DOB: Exam Date:					
	Last Name:	First I	Name: Do	OOB:	Exam Date:

Please complete only one of the following (Federal or State) Medical Examiner Determination sections:

lse this section for examinations performed in accordance with th	ne Federal Motor Carrier Safety Regulations (49 CFR 391.41-391.49):
Does not meet standards (specify reason):	
Meets standards in 49 CFR 391.41; qualifies for 2-year certific	
Meets standards, but periodic monitoring required (specify re	eason):
Driver qualified for: 3 months 6 months 1 year	other (specify):
Wearing corrective lenses Wearing hearing aid	Accompanied by a waiver/exemption (specify type):
Accompanied by a Skill Performance Evaluation (SPE) Ce	rtificate
Driving within an exempt intracity zone (see 49 CFR 391.6	2) (Federal)
Determination pending (specify reason):	
Return to medical exam office for follow-up on (must be 4	
Medical Examination Report amended (specify reason):	
	Date:
[	
incomplete examination (specify reason):	
	en complete a Medical Examiner's Certificate as stated in <u>49 CFR 391.43(h)</u> , as appropriate.
If the driver meets the standards outlined in 49 CFR 391.41, the nave performed this evaluation for certification. I have person valuation, and attest that, to the best of my knowledge, I believed be a summer's Signature:	en complete a Medical Examiner's Certificate as stated in 49 CFR 391.43(h), as appropriate.  ally reviewed all available records and recorded information pertaining to this eve it to be true and correct.
If the driver meets the standards outlined in 49 CFR 391.41, the nave performed this evaluation for certification. I have person valuation, and attest that, to the best of my knowledge, I believed the ledical Examiner's Signature:    dedical Examiner's Name (please print or type):	en complete a Medical Examiner's Certificate as stated in 49 CFR 391.43(h), as appropriate.  ally reviewed all available records and recorded information pertaining to this eve it to be true and correct.
If the driver meets the standards outlined in 49 CFR 391.41, the nave performed this evaluation for certification. I have person valuation, and attest that, to the best of my knowledge, I believed ical Examiner's Signature:  edical Examiner's Name (please print or type):  edical Examiner's Address:	en complete a Medical Examiner's Certificate as stated in 49 CFR 391.43(h), as appropriate.  ally reviewed all available records and recorded information pertaining to this eve it to be true and correct.  City: State: Zip Code:
If the driver meets the standards outlined in 49 CFR 391.41, the nave performed this evaluation for certification. I have person valuation, and attest that, to the best of my knowledge, I believed the standards of the standards of the standards outlined in 49 CFR 391.41, the nave performed in 49 CFR 391.41	en complete a Medical Examiner's Certificate as stated in 49 CFR 391.43(h), as appropriate.  ally reviewed all available records and recorded information pertaining to this eve it to be true and correct.  City: State: Zip Code:  Date Certificate Signed:
If the driver meets the standards outlined in 49 CFR 391.41, the nave performed this evaluation for certification. I have person valuation, and attest that, to the best of my knowledge, I believed in the least of my knowledge, I believed in t	en complete a Medical Examiner's Certificate as stated in 49 CFR 391.43(h), as appropriate.  ally reviewed all available records and recorded information pertaining to this eve it to be true and correct.
If the driver meets the standards outlined in 49 CFR 391.41, the nave performed this evaluation for certification. I have person valuation, and attest that, to the best of my knowledge, I believed the decical Examiner's Signature:    dedical Examiner's Name (please print or type):	en complete a Medical Examiner's Certificate as stated in 49 CFR 391.43(h), as appropriate.  ally reviewed all available records and recorded information pertaining to this eve it to be true and correct.  City: State: Zip Code:  Date Certificate Signed: Issuing State: Issuing State: Ivanced Practice Nurse
If the driver meets the standards outlined in 49 CFR 391.41, the nave performed this evaluation for certification. I have person valuation, and attest that, to the best of my knowledge, I believed ical Examiner's Signature:  edical Examiner's Name (please print or type):  edical Examiner's Address:  edical Examiner's Telephone Number:  edical Examiner's State License, Certificate, or Registration Number:	en complete a Medical Examiner's Certificate as stated in 49 CFR 391.43(h), as appropriate.  ally reviewed all available records and recorded information pertaining to this eve it to be true and correct.  City: State: Zip Code:  Date Certificate Signed: Issuing State:  Iwanced Practice Nurse

Form MCSA-5875 OMB No.: 2126-0006 Expiration Date: 03/31/2028

Last Name:	First Name:	DOB:	Exam [	Date:
MEDICAL EXAMINER DETERMINATI	ON (State)			
Use this section for examinations perforn variances (which will only be valid for inti		otor Carrier Safety Regulatio	ons ( <u>49 CFR 391.41-391.</u> 4	(9) with any applicable State
Does not meet standards in 49 CFR	391.41 with any applicable State var	riances (specify reason):		
Meets standards in 49 CFR 391.41 w	ith any applicable State variances			
Meets standards, but periodic moni	toring required (specify reason):			
Driver qualified for: 3 months	6 months 1 year other (s	specify):		
Wearing corrective lenses	Wearing hearing aid Accord	mpanied by a waiver/exem	nption (specify type):	
Accompanied by a Skill Performa	ince Evaluation (SPE) Certificate	Grandfathered from Stat	e requirements (State)	
If the driver meets the standards outli	ned in 49 CFR 391.41, with applicable S	State variances, then complet	te a Medical Examiner's C	ertificate, as appropriate.
I have performed this evaluation for cerevaluation, and attest that, to the best of			recorded information p	pertaining to this
Medical Examiner's Signature:				
Medical Examiner's Name (please print o	r type):			
Medical Examiner's Address:		City:	State:	Zip Code:
Medical Examiner's Telephone Number	:	Date Certificate Sig	ned:	
Medical Examiner's State License, Certif	ficate, or Registration Number:			Issuing State:
MD DO Physician Assistant	t Chiropractor Advanced Pra	ctice Nurse		
Other Practitioner (specify):				
National Registry Number:		Medical Examiner's	Certificate Expiration I	Date:

## **Instructions for Completing the Medical Examination Report Form (MCSA-5875)**

### I. Step-By-Step Instructions

#### **Driver:**

#### **Section 1: Driver Information**

- **Personal Information:** Please complete this section using your name as written on your driver's license, your current address and phone number, your date of birth, age, driver's license number and issuing state.
  - CLP/CDL Applicant/Holder: Check "yes" if you are a commercial learner's permit (CLP) or commercial driver's license (CDL) holder, or are applying for a CLP or CDL. CDL means a license issued by a State or the District of Columbia which authorizes the individual to operate a class of a commercial motor vehicle (CMV). A CMV that requires a CDL is one that: (1) has a gross combination weight rating or gross combination weight of 26,001 pounds or more inclusive of a towed unit with a gross vehicle weight rating (GVWR) or gross vehicle weight (GVW) of more than 10,000 pounds; or (2) has a GVWR or GVW of 26,001 pounds or more; or (3) is designed to transport 16 or more passengers, including the driver; or (4) is used to transport either hazardous materials requiring hazardous materials placards on the vehicle or any quantity of a select agent or toxin.
  - **Driver ID Verified By:** The Medical Examiner/staff completes this item and notes the type of photo ID used to verify the driver's identity such as, commercial driver's license, driver's license, or passport, etc.
  - Has your USDOT/FMCSA medical certificate ever been denied or issued for less than two years? Please check the correct box "yes" or "no" and if you aren't sure check the "not sure" box.

## Driver Health History:

- Have you ever had surgery: Please check "yes" if you have ever had surgery and provide a written
  explanation of the details (type of surgery, date of surgery, etc.)
- Are you currently taking medications (prescription, over-the-counter, herbal remedies, diet supplements): Please check "yes" if you are taking any diet supplements, herbal remedies, or prescription or over the counter medications. In the box below the question, indicate the name of the medication and the dosage.
- **#1-32:** Please complete this section by checking the "yes" box to indicate that you have, or have ever had, the health condition listed or the "No" box if you have not. Check the "not sure" box if you are unsure.
- Other Health Conditions not described above: If you have, or have had, any other health conditions not listed in the section above, check "Yes" and in the box provided and list those condition(s).
- Any yes answers to questions #1-32 above: If you have answered "yes" to any of the questions in the Driver Health History section above, please explain your answers further in the box below the question. For example, if you answered "yes" to question #5 regarding heart disease, heart attack, bypass, or other heart problem, indicate which type of heart condition. If you checked "yes" to question #23 regarding cancer, indicate the type of cancer. Please add any information that will be helpful to the Medical Examiner.
- **CMV Driver Signature and Date:** Please read the certification statement, sign and date it, indicating that the information you provided in Section 1 is accurate and complete.

#### **Medical Examiner:**

### **Section 2: Examination Report**

• **Driver Health History Review:** Review answers provided by the driver in the driver health history section and discuss any "yes" and "not sure" responses. In addition, be sure to compare the medication list to the health history responses ensuring that the medication list matches the medical conditions noted. Explore with the driver any answers that seem unclear. Record any information that the driver omitted. As the Medical Examiner conducting the driver's physical examination you are required to complete the entire medical examination even if you detect a medical condition that you consider disqualifying, such as deafness. Medical Examiners are expected to determine the driver's physical qualification for operating a commercial vehicle safely. Thus, if you find a disqualifying condition for which a driver may receive a Federal Motor Carrier Safety Administration medical exemption, please record that on the driver's Medical Examiner's Certificate, Form MCSA-5876, as well as on the Medical Examination Report Form, MCSA-5875.

## Testing:

- Pulse rate and rhythm, height, and weight: record these as indicated on the form.
- Blood Pressure: record the blood pressure (systolic and diastolic) of the driver being examined. A second reading is optional and should be recorded if found to be necessary.
- **Urinalysis:** record the numerical readings for the specific gravity, protein, blood and sugar.
- Vision: The current vision standard is provided on the form. When other than the Snellen chart is used, give test results in Snellen-comparable values. When recording distance vision, use 20 feet as normal. Record the vision acuity results and indicate if the driver can recognize and distinguish among traffic control signals and devices showing red, green, and amber colors; has monocular vision; has been referred to an ophthalmologist or optometrist; and if documentation has been received from an ophthalmologist or optometrist.
- **Hearing:** The current hearing standard is provided on the form. Hearing can be tested using either a whisper test or audiometric test. Record the test results in the corresponding section for the test used.
- **Physical Examination:** Check the body systems for abnormalities and indicate normal or abnormal for each body system listed. Discuss any abnormal answers in detail in the space provided and indicate whether it would affect the driver's ability to safely operate a commercial motor vehicle.

### In this next section, you will be completing either the Federal or State determination, not both.

- **Medical Examiner Determination (Federal):** Use this section for examinations performed in accordance with the FMCSRs (<u>49 CFR 391.41-391.49</u>). Complete the medical examiner determination section completely. When determining a driver's physical qualification, please note that English language proficiency (<u>49 CFR part 391.11</u>: General qualifications of drivers) is not factored into that determination.
  - Does not meet standards: Select this option when a driver is determined to be not qualified and provide an explanation of why the driver does not meet the standards in 49 CFR 391.41.
  - Meets standards in 49 CFR 391.41; qualifies for 2-year certification: Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner's Certificate.

- Meets standards, but periodic monitoring is required: Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic monitoring is required. Select the corresponding time frame that the driver is qualified for, and if selecting "other" specify the time frame.
  - Determination that driver meets standards: Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, driving within an exempt intracity zone, etc.).
- Determination pending: Select this option when more information is needed to make a qualification decision and specify a date, on or before the 45 day expiration date, for the driver to return to the medical exam office for follow-up. This will allow for a delay of the qualification decision for as many as 45 days. If the disposition of the pending examination is not updated via the National Registry on or before the 45 day expiration date, FMCSA will notify the examining medical examiner and the driver in writing that the examination is no longer valid and that the driver is required to be re-examined.
  - MER amended: A Medical Examination Report Form (MER), MCSA-5875, may only be amended while in determination pending status for situations where new information (e.g., test results, etc.) has been received or there has been a change in the driver's medical status since the initial examination, but prior to a final qualification determination. Select this option when a Medical Examination Report Form, MCSA-5875, is being amended; provide the reason for the amendment, sign and date. In addition, initial and date any changes made on the Medical Examination Report Form, MCSA-5875. A Medical Examination Report Form, MCSA-5875, cannot be amended after an examination has been in determination pending status for more than 45 days or after a final qualification determination has been made. The driver is required to obtain a new physical examination and a new Medical Examination Report Form, MCSA-5875, should be completed.
- Incomplete examination: Select this when the physical examination is not completed for any reason (e.g., driver decides they do not want to continue with the examination and leaves) other than situations outlined under determination pending.
- Medical Examiner information, signature and date: Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, signature and date.
- Medical Examiner's Certificate Expiration Date: Enter the date the driver's Medical Examiner's Certificate (MEC) expires.
- **Medical Examiner Determination (State):** Use this section for examinations performed in accordance with the FMCSRs (49 CFR 391.41-391.49) with any applicable State variances (which will only be valid for intrastate operations). Complete the medical examiner determination section completely.
  - Does not meet standards in 49 CFR 391.41 with any applicable State variances: Select this
    option when a driver is determined to be not qualified and provide an explanation of why the driver
    does not meet the standards in 49 CFR 391.41 with any applicable State variances.
  - Meets standards in 49 CFR 391.41 with any applicable State variances: Select this option when a
    driver is determined to be qualified and will be issued a 2-year Medical Examiner's Certificate.

- Meets standards, but periodic monitoring is required: Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic monitoring is required. Select the corresponding time frame that the driver is qualified for, and if selecting "other" specify the time frame.
  - **Determination that driver meets standards:** Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, etc.).
- Medical Examiner information, signature and date: Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, signature and date.
- **Medical Examiner's Certificate Expiration Date:** Enter the date the **driver's** Medical Examiner's Certificate (MEC) expires.
- II. If updating an existing exam, you must resubmit the new exam results, via the Medical Examination Results Form, MCSA-5850, to the National Registry, and the most recent dated exam will take precedence.
- III. To obtain additional information regarding this form go to the Medical Program's page on the Federal Motor Carrier Safety Administration's website at <a href="http://www.fmcsa.dot.gov/regulations/medical">http://www.fmcsa.dot.gov/regulations/medical</a>.