



COMMON SIDE EFFECTS OF ANESTHESIA

Most side effects of general anesthesia occur immediately after your operation and don't last long.



Nausea and vomiting

Usually occurs immediately after procedure. This may be associated with longer surgical procedures and pain medications. Some people may continue to feel sick for a 1-2 days.



Chills and shivering

It's common for your body temperature to drop. You may wake up shivering and feeling cold. Your chills may last for a few minutes to hours.



Dry mouth

You may feel parched. Sipping water can help take care of your dry mouth.



Confusion and foggy

This usually lasts for a few hours, but for some people – especially older adults – confusion can last for days or weeks.



Sore throat or hoarseness

The tube used to help you breathe during surgery can leave you with a sore throat.



Muscle aches

The drugs used to relax your muscles can cause soreness.