

PPO 5000 PLAN: North Oaks Health System

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2017 – 12/31/2017

Coverage for: Individual + Family Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document by calling 1-985-230-6532.

| Important Questions | Answers | Why this Matters: |
|---|--|---|
| What is the overall deductible? | Tier 1: \$250 single/ \$500 family; Tier 2: \$1,250 single/ \$3,250 family; Tier 3: \$1,250 single/ \$3,250 family; Coinsurance & copayments don't apply to the deductible . | You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible . |
| Are there other deductibles for specific services? | No. | You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers. |
| Is there an out-of-pocket limit on my expenses? | Yes. Tier 1: \$5,000 single/ \$10,000 family; Tier 2: \$5,000 single/ \$10,000 family; Tier 3: Unlimited single/ Unlimited family | The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses. |
| What is not included in the out-of-pocket limit ? | Premiums , balance-billed charges, health care this Plan doesn't cover, penalties, Tier 3 copays , Non-Humana Nat'l Transplant Network transplants & amounts over allowed amount . | Even though you pay these expenses, they don't count toward the out-of-pocket limit . |
| Is there an overall annual limit on what the plan pays? | No. | The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits. |
| Does this plan use a network of providers ? | Yes. For a list of Humana In-Network providers , see www.humana.com or call 1-866-427-7478. For a list of North Oaks In-Network providers , call North Oaks at 1-985-230-6532. | If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers . |
| Do I need a referral to see a specialist? | No. You don't need a referral to see a specialist. | You can see the specialist you choose without permission from this plan. |
| Are there services this plan doesn't cover? | Yes. | Some of the services this plan doesn't cover are listed on page 7. See your policy or plan document for additional information about excluded services . |

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use North Oaks In-Network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

| Common Medical Event | Services You May Need | Your cost if you use a North Oaks Humana In-Network Provider | Your cost if you use a Humana In-Network Provider | Your cost if you use an Out-of-Network Provider | Limitations & Exceptions |
|--|--|--|---|---|---|
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | \$25 copay /visit | \$25 copay /visit | 50% after deductible | —none— |
| | Specialist visit | \$40 copay /visit | \$40 copay /visit | 50% after deductible | —none— |
| | Other practitioner office visit (chiropractor) | 10% after deductible | 10% after tier 1 deductible | 50% after deductible | Coverage is limited to 30 visits, combined with office visits, therapies, lab/x-ray and manipulations. |
| | Preventive care/screening/immunization | No charge | No charge | 50% after deductible | No coverage for adult immunizations with exception of shingles, meningitis, HPV, flu, pneumonia & H1N1. |

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| If you have a test | Diagnostic test, xray, blood work -Clinic -Inpatient, Outpatient and Independent Lab - Emergency Room | No charge 10% after <u>deductible</u> 10% after <u>deductible</u> | No charge 30% after <u>deductible</u> 10% after tier 1 <u>ded</u> | 50% after <u>deductible</u> 50% after <u>deductible</u> 10% after tier 1 <u>ded</u> | -Emergency room, non-emergency Out-of-Network benefit is: 50% after <u>deductible</u> . Prior authorization is required for advanced imaging. Benefits reduced to 50% after <u>deductible</u> if prior auth. not obtained. |
| | Imaging (CT/PET scans, MRIs): - Clinic - Other than Clinic | No charge 10% after <u>deductible</u> | 30% after <u>deductible</u> 30% after <u>deductible</u> | 50% after <u>deductible</u> 50% after <u>deductible</u> | |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.humana.com | Level 1 -North Oaks & Humana Mail Retail & Specialty drugs /90 Day - Other Humana Network Pharmacy Retail & Specialty Drugs | \$10 <u>copay</u> /script \$20 <u>copay</u> /90 day script | \$20 <u>copay</u> /script | In-Network <u>copay</u> + 30%/prescription + the difference between the default rate and the Non-PAR pharmacy charge/Rx | 30 day supply (retail). 90 day supply for 2X copay only available at North Oaks & Humana Mail. Retail Flu & Pneumonia Immunizations, HCR Women's Preventive, HCR Preventive: No charge. Compound Drugs: 45% coinsurance (in-network); 45% coinsurance + 30% (out-of-network) Some medications will require prior authorization, step therapy or dispensing limits. Out-of-Pocket max of \$5,000 per covered person for In-network drug purchases; unlimited for Out-of-network drug purchases. |
| | Level 2 -North Oaks & Humana Mail Retail & Specialty drugs /90 Day -Other Humana Network Pharmacy Retail & Specialty Drugs | \$20 <u>copay</u> /script \$40 <u>copay</u> /90 day script | \$40 <u>copay</u> /script | | |
| | Level 3 -North Oaks & Humana Mail Retail & Specialty drugs/90 Day -Other Humana Network Pharmacy Retail & Specialty Drugs | \$40 <u>copay</u> /script \$80 <u>copay</u> /90 day script | \$60 <u>copay</u> /script | | |
| | Level 4 -North Oaks & Humana Mail Retail & Specialty drugs/90 Day -Other Humana Network Pharmacy Retail & Specialty Drugs | 25% <u>copay</u> /script | 45% <u>copay</u> /script | | |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | 10% after <u>deductible</u> | 30% after <u>deductible</u> | 50% after <u>deductible</u> | Prior authorization may be required. Benefits reduced to 50% after <u>deductible</u> if prior auth. not obtained. |
| | Physician/surgeon fees | 10% after <u>deductible</u> | 30% after <u>deductible</u> | 50% after <u>deductible</u> | |

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|--|--|---|--|---|---|
| If you need immediate medical attention | Emergency room services (<u>copay</u> waived if admitted) | \$100 <u>copay</u> then 10% after <u>deductible</u> | \$100 <u>copay</u> then 10% after tier 1 <u>deductible</u> | \$100 <u>copay</u> then 10% after tier 1 <u>deductible</u> | Non-emergency Out-of-Network benefit is: \$100 <u>copay</u> then 50% after <u>deductible</u> . |
| | Emergency medical transportation | 10% after <u>deductible</u> | 10% after tier 1 <u>deductible</u> | 10% after tier 1 <u>deductible</u> | —————none————— |
| | Urgent care | 10% after <u>deductible</u> | 10% after tier 1 <u>deductible</u> | 50% after <u>deductible</u> | —————none————— |
| If you have a hospital stay | Facility fee (e.g., hospital room) | \$200 <u>copay</u> per day for the first 3 days, then 10% after <u>deductible</u> | \$200 <u>copay</u> per day for the first 3 days, then 30% after <u>deductible</u> | \$200 <u>copay</u> per day for the first 3 days, then 50% after <u>deductible</u> | Prior authorization is required. Benefits reduced to 50% after <u>deductible</u> if prior auth. not obtained. |
| | Physician/surgeon fee | 10% after <u>deductible</u> | 30% after <u>deductible</u> | 50% after <u>deductible</u> | —————none————— |
| If you have mental health, behavioral health, or substance abuse needs | Mental/Behavioral health outpatient services | \$25 <u>copay</u> /visit | \$25 <u>copay</u> /visit | 50% after <u>deductible</u> | Marriage counseling copay for Tiers 1 & 2 is \$40 per visit. |
| | Mental/Behavioral health inpatient services | \$200 <u>copay</u> per day for the first 3 days, then 10% after <u>deductible</u> | \$200 <u>copay</u> per day for the first 3 days, then 10% after tier 1 <u>deductible</u> | \$200 <u>copay</u> per day for the first 3 days, then 50% after <u>deductible</u> | Prior authorization is required. Benefits reduced to 50% after <u>deductible</u> if prior auth. not obtained. |
| | Substance abuse disorder outpatient services | \$25 <u>copay</u> /visit | \$25 <u>copay</u> /visit | 50% after <u>deductible</u> | —————none————— |
| | Substance abuse disorder inpatient services | \$200 <u>copay</u> per day for the first 3 days, then 10% after <u>deductible</u> | \$200 <u>copay</u> per day for the first 3 days, then 10% after tier 1 <u>deductible</u> | \$200 <u>copay</u> per day for the first 3 days, then 50% after <u>deductible</u> | Prior authorization is required. Benefits reduced to 50% after <u>deductible</u> if prior auth. not obtained. |
| If you are pregnant | Prenatal and postnatal care (office visit and delivery) | \$40 <u>copay</u> /initial visit then 10% after <u>deductible</u> | \$40 <u>copay</u> /initial visit then 30% after <u>deductible</u> | 50% after <u>deductible</u> | Office visit copayment applies to the initial visit only. |
| | Delivery and all inpatient services | \$200 <u>copay</u> per day for the first 3 days, then 10% after <u>deductible</u> | \$200 <u>copay</u> per day for the first 3 days, then 30% after <u>deductible</u> | \$200 <u>copay</u> per day for the first 3 days, then 50% after <u>deductible</u> | Prior authorization may be required. Benefits reduced to 50% after <u>deductible</u> if prior auth. not obtained. |

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|--|---|---|---|---|---|
| If you need help recovering or have other special health needs | Home health care | 10% after <u>deductible</u> | 10% after tier 1 <u>deductible</u> | 50% after <u>deductible</u> | Prior authorization is required. Benefits reduced to 50% after <u>deductible</u> if prior auth. not obtained. |
| | Rehabilitation services (clinic and outpatient) | 10% after <u>deductible</u> | 30% after <u>deductible</u> | 50% after <u>deductible</u> | Prior authorization may be required. Benefits reduced to 50% after <u>deductible</u> if prior auth. not obtained. |
| | Habilitation services | 10% after <u>deductible</u> | 30% after <u>deductible</u> | 50% after <u>deductible</u> | |
| | Skilled nursing care | \$200 <u>copay</u> per day for the first 3 days, then 10% after <u>deductible</u> | \$200 <u>copay</u> per day for the first 3 days, then 10% after tier 1 <u>deductible</u> | \$200 <u>copay</u> per day for the first 3 days, then 50% after <u>deductible</u> | Coverage is limited to 60 days. Prior authorization is required. Benefits reduced to 50% after <u>deductible</u> if prior auth. not obtained. |
| | Durable medical equipment, Prosthetics and Wigs | 10% after <u>deductible</u> | 10% after tier 1 <u>deductible</u> | 50% after <u>deductible</u> | Prior authorization is required. Benefits reduced to 50% after <u>deductible</u> if prior auth. not obtained. |
| | Hospice service | Inpatient: \$200 <u>copay</u> per day for the first 3 days, and 10% after <u>deductible</u> . Outpatient: 10% after <u>deductible</u> . | Inpatient: \$200 <u>copay</u> per day for the first 3 days, and 30% after <u>deductible</u> . Outpatient: 30% after <u>deductible</u> . | Inpatient: \$200 <u>copay</u> per day for the first 3 days, and 50% after <u>deductible</u> . Outpatient: 50% after <u>deductible</u> . | Prior authorization is required. Benefits reduced to 50% after <u>deductible</u> if prior auth. not obtained. |
| If your child needs dental or eye care | Eye exam | Not covered | Not covered | Not covered | No coverage for eye exams. Vision screenings for children are covered. |
| | Glasses | Not covered | Not covered | Not covered | No coverage for glasses, except initial pair after cataract surgery. See plan for benefits. |
| | Dental check-up | Not covered | Not covered | Not covered | No coverage for dental check-ups. |

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- | | | |
|---------------------------------|--|---|
| • Acupuncture | • Long-term care | • Routine foot care |
| • Bulk powders | • Non-emergency care when traveling outside the U.S. | • Routine hearing exams and testing |
| • Dental care (Adult and Child) | • Routine eye care (Adult and Child) | • Weight loss programs |
| • Infertility treatment | | • Wigs, unless for chemotherapy, radiation and alopecia patients, limited to \$300 per lifetime |

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- | | | |
|--|--|--|
| • Bariatric surgery (Limited to \$20,000 per lifetime) | • Cosmetic surgery (Requires prior auth., and only considered if due to a bodily injury or illness and a functional impairment is present) | • Hearing aids (for a child under the age of 18 if hearing aids are fitted and dispensed by a licensed audiologist or hearing aid specialist.) |
| • Chiropractic care (Limited to 30 visits/year) | | • Private-duty nursing (inpatient hospital only) |

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-985-230-6532. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 X61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights: If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to file an appeal or file a grievance. See plan document for appeal process. For questions about your rights, this notice, or assistance, you can contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$6,300
- Patient pays \$1,240

Sample care costs:

| | |
|----------------------------|----------------|
| Hospital charges (mother) | \$2,700 |
| Routine obstetric care | \$2,100 |
| Hospital charges (baby) | \$900 |
| Anesthesia | \$900 |
| Laboratory tests | \$500 |
| Prescriptions | \$200 |
| Radiology | \$200 |
| Vaccines, other preventive | \$40 |
| Total | \$7,540 |

Patient pays:

| | |
|----------------------|----------------|
| Deductibles | \$250 |
| Copays | \$540 |
| Coinsurance | \$450 |
| Limits or exclusions | \$0 |
| Total | \$1,240 |

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,870
- Patient pays \$1,530

Sample care costs:

| | |
|--------------------------------|----------------|
| Prescriptions | \$2,900 |
| Medical Equipment and Supplies | \$1,300 |
| Office Visits and Procedures | \$700 |
| Education | \$300 |
| Laboratory tests | \$100 |
| Vaccines, other preventive | \$100 |
| Total | \$5,400 |

Patient pays:

| | |
|----------------------|----------------|
| Deductibles | \$250 |
| Copays | \$1,260 |
| Coinsurance | \$0 |
| Limits or exclusions | \$20 |
| Total | \$1,530 |

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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